

## >>> Instructions for use <<<

Each movement is recorded with **your** part played in the **foreground**, all **other** parts, including accompaniment and metronome-like percussion, in the **background**. Movements which are A Cappella or start without piano introduction are begun with notes given for setting the pitch and tempo. Ritards, accelerandos and fermatas are observed. Fermatas are usually given two extra beats. Dynamic levels (volume changes) are not observed. Fast tempos are slowed somewhat to aid you in learning your part accurately. When working with rehearsal tracks, singing accurately is much more important than singing up to performance tempo. ***It is important to follow along in your score as you use the Songlearning Tracks™! If you do, you will become a better music reader.***

### Thompson – Frostiana – SAATTBB – all 7 songs

Each movement is announced (Annc) followed by the movement on the same track. Soft, metronome-like percussion has been included to help keep the beat.

Trk#	Event – Women only	Trk#	Event – Men only
1	The Road Not Taken	1	The Road Not Taken
2	Come In	2	The Pasture
3	The Telephone	3	The Telephone
4	A Girl's Garden	4	Stopping By Woods on a Snowy Evening
5	Choose Something Like a Star	5	Choose Something Like a Star

### Helpful Hints for Rehearsal: If you follow these, you will learn quickly and accurately!

- Try playing the **Songlearning Tracks™** in Windows Media Player or iTunes. You can pause the progress button and pull it back to the left as many times as needed to practice difficult sections.
- **This Three-Step Process is really important:**
  1. Try humming or singing *la* or *da* very softly the first few times through – listen 90%, sing 10% volume.
  2. When you know your notes, intervals and rhythms well, sing the words at about half volume.
  3. When you feel really confident that you are singing accurately, sing at the marked dynamic level.  
*Practice patiently and perfectly and you will enjoy a confident, mistake-free performance!*
- It is best to rehearse your music when you can devote your entire attention to following the music and reading your part while you listen. If you spend some real quality time with the tracks, you will learn your notes, intervals and rhythms quickly and accurately, *and you will become a better music reader!*
- Please note: These **Songlearning Tracks™** are intended to teach you the *mechanics* of the music: *notes, intervals and rhythms*. The nuances of tempo, ritards and fermatas (holds) are approximations only. Your conductor will probably conduct tempo nuances slightly differently from what you hear in the **Songlearning Tracks™**.

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